

Minor Informed Consent & Waiver of Liability

I, _____ (parent/legal guardian) consent to the following for
_____ (minor child):

1. My child is voluntarily participating in group exercise classes, including cardio, strength-training, kickboxing and/or others) at Fitaholic Fitness.
2. I recognize that the programs/classes require physical exertion that may be strenuous at times and may cause physical injury and I am fully aware of the risks and hazards involved.
3. I understand that it is my responsibility to consult with a physician prior to and regarding my child's participation in the above programs/classes or use of equipment.
4. I represent and warrant that my child has no medical condition that would prevent his/her participation in the programs/classes.
5. I agree to assume full responsibility for any risks, injuries, and damage (including death) known or unknown which my child may incur as a result of use of equipment and/or participating in classes.
6. I knowingly and voluntarily and expressly waive any claim I may have against MAD Fitness LLC dba Fitaholic Fitness or any employee, instructor, officers, owners, personal trainers or volunteers of Fitaholic Fitness for injury or damages that my child may sustain as a result of participating in the programs, classes or by use of equipment.
7. I, my heirs or representatives forever release waive, discharge and covenant not to sue MAD Fitness LLC dba Fitaholic Fitness, its owners, officers, employees, and sub-contractors for any injury or death caused by their negligence or other acts.
8. I understand that misuse of equipment may result in injury.
9. I understand the minor membership policies set by Fitaholic Fitness. I understand that failure to follow these policies or misuse of equipment is a direct violation of the membership agreement and may result in revocation of my child's membership.
10. I consent to allow MAD Fitness LLC dba Fitaholic Fitness to collect my child's photograph, by capturing my image at Fitaholic Fitness for identifying him/her as a member, volunteer or program participant. MAD Fitness LLC dba Fitaholic Fitness periodically takes pictures or video of Fitaholic Fitness members and persons participating in programs/classes to use for promotional purposes and programming materials including social media and the Fitaholic Fitness website.

I have read the above waiver and release of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

Minor Member Name (print): _____ DOB: _____

Minor Member Signature: _____ Date: _____

Parent/ Guardian Name (print): _____ Date: _____

Parent/ Guardian Signature: _____